

CONFERENCE ICEBREAKERS & REFRESHERS

Through the medium of music, rhythm and unusual instruments, Big Beat has designed a series of unique ice breakers and refreshers for conferences and conventions.

Working with energy, fun and an informal approach, our short ice-breakers can be incorporated into the conference day. Each session is different and not only energises the conference goer but also relaxes them.

They have been designed for pure simplicity, practical delivery and the sheer element of surprise! Utilising familiar items like bin bags, carrier bags, squeaky toys and combined with simple rhythms, BIG BEAT engages the delegates to new extremes!

BOOMTUBES

Individually coloured tubes called boomwhackers each with their own pitched sound played and performed in an attention-grabbing session.

Bang them together and on the floor..... indestructible music making at its' best.

The delegates will quickly be introduced to one of the most musically accessible instruments. Through a fun call and response style they will swiftly learn a collection of rhythms that will have them playing together within a short session.



THE BAG LADY WORKOUT

Black bin liners humanely inflated by hand create a back line of visual splendour and playing a simple bass pulse.

In front of the bass line occupies the 'Reggae line' of carrier bags, easily undertaking their rhythm with a flick of the wrist. Finally we have a front line of extra black bin liners with their own contrasting bass rhythm.

Once we have the rhythms cooking each section stands to play on its turn creating a spellbinding sound and a 'liquorice allsort' visual effect.



TOY ORCHESTRA

Squeaky toys, whistles, animal boxes, whirly tubes, anything toy-like that makes a sound. Transport yourself back to when you were a child when you were discovering sounds and music for the first time, instead no-one is telling you to be quiet. We will create an orchestra of sounds from all those toys you had forgotten about, interacting with your colleagues like never before!



- Instant and on the spot
- 50 to 5000 participants!
- Lasts from 15 to 30 minutes